



Mediterranean Cuisine

## Experience the Food, Experience the Culture

Our ethos has been and always will be making high quality dishes using local suppliers and the top quality produce that Scotland can provide.

### TAPAS & STARTERS

Cardo House Marinated Olives ✓	4.50
Classic Bruschetta	4.90
Chickpea and Sweet Potato Falafel ✓ Preserved lemon and thyme hummus	6.50
Soup of the Day served with Homemade Bread See blackboard	6.50
Braised Pata Negra Pork Cheeks Confit onions and cherry red wine jus	10.90
Charcuterie Board Serrano ham, Great Glen venison bresaola, Great Glen venison salami, ham hough terrine, cornichons, chutney, toasted sourdough	10.90
Homemade Salmon Gravalax Crème fraiche, caviar and toasted sourdough	10.00

### SIDES

Garlic Mash	4.00
Hand Cut Chips	4.00
Sweet Potato Chips	4.00
Cajun Chips	4.00
Mixed Green Salad	3.50
Mixed Seasonal Vegetable	4.00
Skinny Fries	4.00
Skinny Fries with Truffle Oil and Parmesan	4.50
Garlic Bread ✓	4.00
ADD Mozzarella Cheese	4.90

### FROM THE SEA

Our daily fresh Scottish West Coast Fish, Shellfish and Seafood available for the day are listed with prices on our specials blackboard.

Deep Fried Breaded Monkfish Tartare Sauce and choice of mixed salad OR skinny fries	18.90
Moules Marinieres <b>STARTER</b> Cooked in white wine and garlic	9.90
Moules Marinieres <b>MAIN</b> Cooked in white wine and garlic, served with chips	18.90

### FROM THE GRILL

We have a long standing relationship with John Henderson Butchers in Glenrothes who provides our high quality black isle beef. All our beef is traceable and is hangaged for a minimum of 21 days.

Venison Saddle	22.00
L'Onglet de Boeuf 7oz beef flat iron steak	18.00
Traditional Beef Bourguignon Served with garlic mashed potatoes	19.00
Picanha Steak 7oz ADD your choice of side and sauce	20.50
Le Chateaubriand (TO SHARE) 500g of Scottish beef fillet cooked to your liking, served with your choice of two sides and two sauces	60.00

All our grill dishes are served with baked portobello mushroom, roasted vine tomatoes, garlic butter and your choice of side.

### SAUCES / DIPS

All £2.00

Green Peppercorn and Brandy	Bearnaise
Red Wine Jus	

### PASTA

Choice of penne, spaghetti or Gluten Free penne

Goats cheese and Beetroot Risotto ✓	12.50
Chicken Alfredo Mushrooms, chicken, balsamic onions, garlic and cream and egg yolk	12.50
Seafood Risotto Mixed fish risotto with mussels and gamberetti prawns	13.90
Spaghetti Bolognese Scotch beef, carrot, celery and red wine ragout	12.50
Spaghetti Carbonara Pancetta, cream and egg yolk	12.50
Penne All Arrabbiata ✓ Tomato and basil sauce, red chillies and parsley	10.50
Cardo Lasagna Fresh egg pasta with Scotch beef, carrot, celery and red wine ragout, mixed leaf	12.00

### BURGER

All of our burgers are served with a side of hand cut chips and tomato ketchup. Gluten free brioche buns and vegan flat bread available on request.

Cardo Beef Burger Our Premium Scottish beef, tomato, lettuce, melted Arran cheddar cheese, cornichon and bacon jam ADD Bacon	13.00 1.00
Chicken Burger Free range chicken with Arran cheddar cheese, beetroot, lettuce, and grain mustard mayonnaise ADD Bacon	12.50 1.00
Vegan Burger ✓ Sweet potato, lentil and barley burger with lettuce, romesco sauce and crushed avocado (Vegan option only available with flat bread)	12.00

We strive to create a menu with as few allergens present as possible, but due to the very nature of our kitchen, we cannot guarantee that airborne particles have not cross contaminated certain dishes. Every effort is made to minimise the risk but if you have a food allergy or food intolerance and wish to know more about our food or our ingredients please ask a member of staff. Thank you.

# PIZZA

12" pizzas are made the traditional Italian way, with no artificial raising agents. Our dough is made with 00' high protein and wholemeal Italian flour, Italian olive oil. All pizzas are also available as GLUTEN FREE (£1 extra) and/or with VEGAN CHEESE (£1 extra)

UPGRADE TO VEGAN CHEESE FOR £1.00

Margarita ✓ Tomato sauce and mozzarella	9.50	Quatro Formaggi ✓ Your choice of tomato or crème fraiche base, mozzarella, gorgonzola, goat's cheese and gruyère	11.00
Diavola Tomato sauce, mozzarella, premium pepperoni, red onions and roquito chillies	11.00	Scozzese Tomato sauce, mozzarella, haggis, Cajun chicken and parmesan	11.00
Gamberetti Tomato sauce, mozzarella, prawns, red onions, fresh spinach, cherry tomatoes and basil pesto	13.50	Sicilienne Tomato sauce, mozzarella, anchovies, caper berries, olives, oregano, sautéed onion, garlic and marinated cherry tomatoes	11.50
Mediterranean Tomato sauce, mozzarella, Cajun chicken, Iberico chorizo, peppers, sun blushed tomatoes and 'Nduja sausage	11.50	Royal Tomato sauce, mozzarella, roast ham, mushrooms, garlic butter and sautéed onion AVAILABLE AS A CALZONE	11.50
Paula Tomato, mozzarella, Prosciutto San Daniele, rocket, parmesan and sun blushed tomatoes	11.50	Cardo Carne Scottish beef flat iron steak, tomato, mozzarella, rocket, olives, red onion, cherry tomatoes and parmesan cheese	14.00
Roxanne Crème fraîche, mozzarella, goat's cheese, mushrooms finished with Prosciutto San Daniele and rocket	11.50	Florentina ✓ Tomato sauce, mozzarella, spinach, cherry tomatoes, black olives, red onion and egg	11.50
Max Meat Feast Your choice of tomato or BBQ sauce base, mozzarella, Cajun chicken, bolognese, premium pepperoni, roquito chillies and egg	11.50	NEW Pascalina ✓ HEALTHY & LOW IN CALORIE (NO CHEESE) Young broccoli and olive oil paste, marinated cherry tomatoes, wilted kale, olives, chillies, garlic and crushed walnuts	11.50
Tropicana Tomato sauce, mozzarella, pineapple and cooked ham	11.50		
Vegetarian ✓ Tomato sauce, mozzarella, artichoke, peppers, red onions, marinated cherry tomatoes and black olives	10.50		

MAKE YOUR OWN PIZZA FROM 9.50

### SALADS

(S) Starter (M) Main

Grilled Goats Cheese Salad ✓ Grilled goat's cheese with beetroot, toasted walnuts, poached pear, mixed leaves, Dijon mustard vinaigrette	S-8.50 M-11.50
Cardo Super Salad ✓ Quinoa, kale, purple sprouting broccoli, roasted chickpeas, pomegranate, hummus and falafel	S-8.50 M-11.50
La Salade Paysanne Sautéed potatoes, smoked lardons, chargrilled chicken, poached egg, mixed leaves and Dijon mustard vinaigrette	S-9.50 M-12.50

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### KIDS MENU

£8.00

CHOOSE FROM:  
Spaghetti Bolognese  
or a Bunny Margarita Pizza  
or Penne Pasta with Tomato Sauce  
Ice Cream included  
UP TO 10 YEARS OLD

### DESSERTS

Vanilla Crème Brulee Served with pistachio financier	7.50
Chocolate Moelleux Served with salted caramel centre and salted caramel ice cream	8.00
Apple Tarte Tatin Served with cinnamon ice cream	8.00
Passionfruit Tart Served soft meringue and a berry coulis	8.00
Tiramisu Torte Served with clotted cream and a caramel sauce	7.50
Le Cafe Gourmand Four little pastries and your choice of coffee/tea	9.00
Selection of Cheeses Oatcakes and fruit chutney	9.00
Selection of Macarons	FROM 1.35 EACH

Please see our blackboard for today's specials



For GLUTEN FREE alternatives please ask your server